Who are your team members?

In addition to physicians and nurses, your health care team consists of the following team members:

- Physiotherapist (PT)
- Occupational Therapist (OT)
- Occupational Therapy and Physiotherapy Assistant (OTA/PTA)
- Recreational Therapist (TR)
- Social Worker (SW)
- Speech Language Pathologist (SLP)
- Registered Dietitian (RD)
- Pharmacist
- Ontario Health at Home Coordinator (Home Care)

Essential Care Partners (ECPs)

An ECP is a support person, identified by the patient, who can aid in the safety and wellbeing of a patient while they are in hospital. An ECP would engage in patient care and support with goals discharge planning. **Talk to an interdisciplinary team member for more information**. Listowel Site 255 Elizabeth Street East Listowel, Ontario N4W 2P5 Phone: 519-291-3120 Fax:519-292-2132

Wingham Site 270 Carling Terrace Wingham, Ontario N0G 2W0 Phone:519-357-3210 Fax:519-357-2823

Complex Continuing Care





Complex Continuing Care (CCC)

Complex Continuing Care (CCC) provides patients who are medically stable, yet have complex conditions, the opportunity to restore functional abilities, to meet their discharge goals.

Each patient will have a personalized care plan developed to meet their unique needs and the interdisciplinary care team will collaborate with the patient and their care partners to achieve these goals.

Goals of CCC

- Support and improve your physical, social, emotional, and cognitive wellbeing.
- Provide ongoing patient and care partner education.
- Help patients set goals for maximum independence with personal care and mobility.
- Establish plans of care so patients can maintain optimal wellness and quality of life.
- Help patients become well enough that they no longer need to be in hospital and can be supported in another type of residential or community setting.
- Begin discharge planning with the entire team early to ensure everything is in place when you leave the CCC program.
- Encourage patients and care partners to take an active role in the CCC program.

What Should I Expect?

- Patients stay in the CCC program anywhere from a few weeks to a few months depending on needs, tolerance, and progress in therapies.
- Patients are expected to dress in street clothes during their stay. Care partners are responsible for supplying and laundering clothing.
- You will be expected to attend therapy for a minimum of 30 minutes daily.
- Therapies are provided on a 1:1 and/or group setting depending on your needs.
- You may be expected to eat lunch and supper in a communal dining room.
- Required equipment is on loan to you during your stay (e.g. walker, wheelchair, dressing aids).