

Listowel Wingham Hospitals Alliance

Board of Directors Meeting

Wednesday November 28, 2018
Listowel Memorial Hospital
Outpatient Building

PRESENT:	Rosemary Rognvaldson	Penny Mulvey, Chair	STAFF PRESENT:	Ainsley Morrison
	Bert Johnson	Gord Hunt		Jennifer Johnston
	Kris Dekker	Hugh Clugston		
	Tom Soltys	Dale Gilchrist		
	Shannon Maier	Dr. G. Antoniadis		
		Karl Ellis		
ABSENT:	Dr. A. Qureshi	Dr. J. Shuffield	GUESTS:	Jeremy Parker
REGRETS:	Dr. R. Latuskie	Doug Miller	REGRETS:	
	Krishna Beharry	Conor O'Keefe		
	Debbie Miller			

1. CALL TO ORDER and WELCOME

Chair P. Mulvey called the meeting to order at 1841

2. APPROVAL OF AGENDA AND CONSENT AGENDA

Moved by: Gord Hunt

Seconded by: Tom Soltys

THAT the LWHA Board of Directors approves the Agenda for Wednesday November 28, 2018 and the following Consent Agenda reports be received as circulated

- Board of Directors Meeting Minutes of October 24, 2018
- Facility Improvement Progress Report
- WDH Foundation Report
- LMH Foundation Report

MOTION: CARRIED

2.2 Business Space Estimate

- Over 90% of the building is being used and 77% of the building is rented
- Lease has been finalized by Early Years, they will be starting to pay rent in December, renovations will begin this winter with expected occupancy next spring

3. DECLARATION OF CONFLICT OF INTEREST

There were no conflicts of interested declared.

4. BOARD EDUCATION – Canopy Growth Corporation – Jeremy Parker

K. Ellis introduced Jeremy Parker from Canopy Growth Corporation

- Highlights from J. Parker's Medical Cannabis presentation included
 - Medical cannabis has been legal since 2001
 - There are over 300,000 patients registered to use medical cannabis in Canada
 - As of October 17th, 2018 cannabis is legally available to adults in Canada without medical

authorization

- The relative risks of different recreational drugs can be gauged by considering the ratio of effective dose to lethal dose.
- When prescribing cannabis the goal is to find the optimal dose and combination of THC and CBD
 - THC (delta-9-tetrahydrocannabinol) produces a high or intoxication
 - CBD (cannabidiol) does not produce a high or intoxication
- The most toxic recreational drugs, such as GHB (gamma-hydroxybutyrate) and heroin, have a lethal dose less than 10 times their typical effective dose
- The largest cluster of substances has a lethal dose that is 10 to 20 times the effective dose: these include cocaine, MDMA and alcohol
- Cannabis is not appropriate for patients who:
 - Are under the age of 25
 - Have a personal history or strong family history of psychosis
 - Have a current or past cannabis use disorder, or active substance use disorder
 - Have respiratory or cardiovascular disease (including angina, peripheral vascular disease, cerebrovascular disease, arrhythmias)
 - Are pregnant, planning to become pregnant, or breastfeeding
- Cannabis should be authorized with caution in patients who:
 - Smoke tobacco
 - Have risk factors for cardiovascular disease
 - Are heavy users of alcohol
 - Are taking sedating medications
- Cannabis should not be used in patients:
 - Who are under the age of 18
 - Have a history of hypersensitivity to any cannabinoid or to smoke
 - With severe cardio-pulmonary disease because of occasional hypotension, possible hypertension, syncope or tachycardia
 - With severe liver or renal disease
 - Patients with ongoing chronic hepatitis C should be strongly advised to abstain from daily cannabis use
 - With a personal history of psychiatric disorders (especially schizophrenia), or a familial history of schizophrenia
 - Patients with mania or depression and using cannabis or a cannabinoid should be under careful psychiatric monitoring
- Cannabis should be used with caution in patients:
 - With a history of substance abuse, including alcohol abuse
 - Receiving concomitant therapy with sedative-hypnotics or other psychoactive drugs
- Cannabis is not recommended in:
 - Patients with respiratory insufficiency such as asthma or COPD
 - In women of childbearing age not on a reliable contraceptive, as well as those who are planning pregnancy, are pregnant or are breastfeeding

5. NEW BUSINESS / DECISIONS AND REPORTS

5.1 Chief Nursing Executive Report - S. Maier

Highlights from S. Maier's report included:

- Vital signs integration has gone live at both sites
 - As soon as the nurse takes a patient's vitals they save directly into the electronic medical record and all other providers can access them

- Nursing recruitment has been an issue in Wingham recently with 7 out of 9 new hires going to either casual or to other opportunities
 - The cost of orientation is currently being investigated
 - May consider terms for new hires that suggest they will not be reimbursed for courses until a specific amount of time has been worked
 - Larger centres have stopped paying for Advanced Cardiac Life Support course but smaller hospitals still do pay
- S. Maier revealed that hospitals no longer see value in the new grad initiative, which financially supported lengthy mentored orientation of new graduates, since a full time position must be promised to the candidate when orientation is over and that is typically not possible in smaller hospitals.

5.2 Chief Executive Officer Report - K. Ellis

Highlights from K. Ellis' report included:

- The Wingham physicians engaged in a good meeting with Dr. Dittmer investigating the possibility of a pain management program at the Wingham and District Hospital
 - This program would tie in great with the rehab department in Wingham
- Dr. Gear will be receiving the College of Physicians and Surgeons Council Award in 2019, which is quite an honour
 - The Board was informed that Dr. Gear is going to keep her license for a year with the possibility of working some locum shifts
- Dr. Cameron and Dr. Seary will be joining the Listowel practice in the New Year
 - This means that in the last 18 months LWHA has recruited 6 physicians between the 2 sites
- The draft budget that was submitted to the LHIN will be brought forward to the next Committee of the Whole meeting

5.3 Move to Closed In-Camera Session

Moved by: Kris Dekker

Seconded by: Dale Gilchrist

THAT the LWHA Board of Directors meeting move to 'In-Camera' session and that staff remain.

MOTION: CARRIED

6. CLOSED IN CAMERA SESSION

The in-camera minutes are under separate cover.

7.	BOARD RECOGNITION OF QUALITY IMPROVEMENT
	<ul style="list-style-type: none"> ▪ Cannabis Presentation was very interesting
8.	CORRESPONDENCE
8.1	Dr. Gear Nomination Letters <ul style="list-style-type: none"> ▪ Drs. Marshall ▪ K. Ellis
8.2	Physician Recruitment Announcement
9.	COMMUNICATION REQUIRED FOLLOWING BOARD MEETING
	<ul style="list-style-type: none"> ▪ Nothing to report
10.	DATE OF NEXT MEETING
	<ul style="list-style-type: none"> ▪ Wednesday, January 23, 2019 ▪ Wingham and District Hospital Board Room ▪ 1700 Hours
11.	MEETING EFFECTIVENESS EVALUATION
	<ul style="list-style-type: none"> ▪
12.	ADJOURNMENT
Moved by: Bert Johnson THAT there being no further business the LWHA Board of Directors meeting be adjourned at 2037 hours.	

Penny Mulvey, Chair

Karl Ellis, Secretary